

The Manual of Urban Farming for Helsinki

Brief Introduction

Urban Farming is good for the food system of the city and could make community people get closer. And there is a quickly growing number of residents, who want to grow their own food within a short distance of their locality.

Finland has become a predominantly urban society. The history of urban agriculture in Helsinki could be traced back to 1918. Nowadays the urban agriculture has expanded by more and more people who want to grow their own food. But how to do that, many research institutes have paid attention for the Urban Farming in Helsinki. There are many research papers and practices work for Helsinki. Many people or organizations have started their efforts.

But for public, we could have a simple manual to get start our journey to Urban Farming in Helsinki. Many cities or countries, they have some manual or guide book for public. In Helsinki, we have different weather, different policy of land use, different network of people and resources. We should have our own manual to promote the Urban Farming in Helsinki.

The Manual of Urban Farming for Helsinki is to help people, who hope to participate in the Urban Farming, to get start. The manual could tell us what kind of edible plants can survive in Helsinki, what the local knowledge of farming in Helsinki are, how to design, who could supply some public resource for urban farming in Helsinki and so on.

The manual could be a brochure or an e-book. The manual is open to be edited by all the people. Everyone could add and share his experience, could add an address of garden or farm, could share resource with each other. For the manual edition, we could have an app. All the people could co-create the manual for Helsinki.

The manual brings us together, we create the manual together.
Learn food, learn land and learn each other.

Some Information of Urban Farming in Helsinki

- 1. Urban Agriculture in Helsinki, Finland**
<http://focusongeography.org/publications/photoessays/finland/index.html>
- 2. Dodo's Urban Farmers**
<https://kaupunkiviljely.fi/brief-in-english/>
- 3. News of Urban farming in Helsinki, Finland**
<http://cityfarmer.info/urban-farming-in-helsinki-finland/>
- 4. News: Finland: Farming the city. Creating opportunities for urban agriculture**

in Helsinki. How can architects engage?

<https://www.hydroponicshighway.com/finland-farming-the-city-creating-opportunities-for-urban-agriculture-in-helsinki-how-can-architects-engage/>

- 5. Research: Food and Urban Gardening in Planning An Exploration in Helsinki and Stockholm**

<http://www.diva-portal.org/smash/get/diva2:723466/FULLTEXT01.pdf>

Some Manuals of Urban Farming in other city or country

- 1. Guide to Urban Farming in New York States**

<https://cpb-us->

e1.wpmucdn.com/blogs.cornell.edu/dist/4/7493/files/2012/03/GuidetoUrbanFarminginNYS_160524-2-zninv-196uuxg.pdf

- 2. City of Vancouver: URBAN AGRICULTURE GARDEN GUIDE**

<https://vancouver.ca/files/cov/urban-agriculture-garden-guide.pdf>